WHEREAS, February 3, 2021 is National Girls and Women in Sports Day; and

WHEREAS, By an act of the United States Congress, February 4, 1987, was proclaimed as the first National Girls and Women in Sports Day in honor of Flo Hyman, a volleyball legend whose efforts to promote equality in sports were cut short by her untimely and tragic death; and

WHEREAS, Many female athletes have distinguished themselves as representatives of California and the nation in international competition and the Olympic Games; and

WHEREAS, Since that time, women have made considerable advances in professional, collegiate, club, intramural, masters, high school, junior high school, youth, and recreational sports; and

WHEREAS, Participation in sports is acknowledged as a positive force in developing and promoting physical, mental, moral, social, and emotional well-being; and

WHEREAS, Participation in athletics builds self-esteem, communication skills, discipline, and perseverance, all qualities that make a positive and significant difference in the quality of life and in the level of accomplishment; and

WHEREAS, We need to encourage women of all ages to compete and contribute to sports at all levels of competition and recreation to help prepare the next generation of female athletes and sports leaders; and

WHEREAS, The combined efforts of many organizations including the Women’s Sports Foundation, the California Association of Health, Physical Education, Recreation and Dance, and the California National Organization for Women, have served to bring needed information and important recognition of this day, as well as furthered the dreams and inspired today’s female athletes; and

WHEREAS, The Cosumnes Community Services District is extremely proud of our parks and recreational facilities and programs and their contribution to building healthy active lifestyles to recreate, play and build self-esteem, confidence and sense of self-worth, which contributes to the quality of life in our community;

NOW, THEREFORE, the Cosumnes Community Services District Board of Directors does hereby proclaims February 3, 2021 as

NATIONAL GIRLS AND WOMEN IN SPORTS DAY

DONE AND PROCLAIMED this 20th day of January 2021, in Elk Grove, California.

Jim Luttrell, President

Jaclyn Moreno, Vice President

Rod Brewer, Director

Gil Albiani, Director

Orlando Fuentes, Director

ATTEST: Joshua Green, General Manager