

Daily Schedule: Modified & Traditional

7:30-7:45am	<i>(Closed) Staff Only: Rosters and emails, Sanitize and prep for morning</i>
7:45-8am	Drop-off/ Sign-in
8am-12pm	DISTANCE LEARNING: Remote learning and assignments (includes 20 min break)
12-12:35pm	Lunch
12:35-1:45pm	DISTANCE LEARNING: Class assignments (1:25pm on Early-out Mondays**)
1:45-2:30pm	PE/Health and Wellness
2:30-2:45pm	Snack & Assembly
2:45-3:20pm	Kindness Curriculum
3:20-3:45pm	Group Game
3:45-4:15pm	Enrichment (STEAM) Activity
4:15-5pm	Home Work/ Quiet reading time
5-5:50pm	5 o'clock Box (Free Choice Stations or passive activities/games)
5:50-6pm	Clean-up and Sign-out
6-6:15pm	<i>(CLOSED) Staff only: Sanitize surfaces and equipment & clean/ prep for next day</i>

*** On early-out Mondays: participants will have 20 minutes recess or free time outdoors before starting P.E./Health & Wellness activities*



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Daily Schedule: Year Round

7:30-7:45am	<i>(Closed) Staff Only: Rosters and emails,</i>
7:45-8am	Drop-off/ Sign-in
8am-12:15pm	DISTANCE LEARNING: Remote learning and assignments (includes 20 min break)
12:15-12:50pm	Lunch
12:50-1:55pm	DISTANCE LEARNING: Class assignments (1:40pm on Early-out Mondays**)
2-2:45pm	PE/Health and Wellness
2:45-3pm	Snack & Assembly
3-3:25pm	Kindness Curriculum
3:25-3:50pm	Group Game
3:50-4:20pm	Enrichment (STEAM) Activity
4:20-5pm	Home Work/ Quiet reading time
5-5:50pm	5 o'clock Box (Free Choice Stations or passive activities/games)
5:50-6pm	Clean-up and Sign-out
6-6:15pm	<i>(CLOSED) Staff only: Sanitize surfaces and equipment & clean/ prep for next day</i>

*** On early-out Mondays: participants will have 20 minutes recess or free time outdoors before starting P.E./Health & Wellness activities*



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Daily activities are age-appropriate and subject to change due to weather or class size and may be substituted with an alternative activity. Kid Central is a “screen free” program with the exception of Distance Learning Support; use of electronics for schoolwork will be allowed during such time. For Off-Track Recreation, all electronics should be kept at home. Be sure to let staff know if your child needs access to their device for the purpose of distance learning. Please do not bring toys or other valuables to Kid Central. The CSD is not responsible for any loss or damage to personal items while at program.

Health & Safety

The Kid Central Distance Learning Support and Recreation program will be following the Guidelines from the California Department of Education (CDE), the CDC and local health authorities in regard to social distancing and sanitizing for childcare facilities. We will be working closely with the EGUSD to provide and maintain clean and safe facilities on school campuses.

These Guidelines are:

- Maintain small, stable groups
 - Children must be kept in stable groups of no more than 10.
 - Keep groups separate to the greatest extent possible.
 - Group siblings together whenever possible.
- Practice Social Distancing
 - Model social distancing when interacting with children, families, and staff.
 - Use carpet squares, mats, or other visuals for spacing. Find creative ways to use yarn, masking tape, or other materials for children to create their own space.
 - Give frequent verbal reminders to children about social distancing.
 - Create and develop a scripted story around social distancing, as well as hand washing, proper etiquette for sneezes, coughs, etc.
 - Open windows to ventilate facilities before and after children arrive.
 - Ask parents or caregivers to enter and exit the room one person at a time to allow for social and physical distancing.
 - During mealtimes, utilize more tables to spread children out or use name cards to ensure adequate spacing of children.
 - Provide information on how to talk about COVID19 with children (available by request)
- Screening
 - Follow procedures daily for self-screening for all staff and participants. This should include taking temperatures before arriving to work or beginning care.
 - Ask caregivers to screen themselves and children daily, prior to coming to the childcare facility. Caregiver must also notify Kid Central Staff if children have taken any fever reducing medications in the prior 24 hours.
 - If anyone has a temperature of 100.4°F/38°C or higher they must be excluded from the facility.
 - Monitor staff and children throughout the day for any signs of possible illness and isolate any child showing signs of illness until they can be picked up.
- Hygiene for staff and children

Kid Central Distance Learning Support & Recreation 2020 Addendum

- Implement and enforce strict handwashing guidelines and teach and monitor children to ensure appropriate hand washing.
- Explain to children why it's not healthy to share drinks or food, particularly when sick.
- Teach children to use tissues to wipe their nose and to cough inside their elbow.
- Install hand sanitizers, out of the reach of children, near all entry doors and other high traffic areas.
- **STAFF must wash hands upon arriving to program before beginning work and at end of shift before leaving.**
- **CHILDREN must wash hands upon arriving to Kid Central before they begin daily activities or Distance Learning**
- Frequently clean all touched surfaces
 - Have multiple toys and manipulatives accessible that are easy to clean and sanitize throughout the day.
 - Limit the amount of sharing.
 - Offer more opportunities for individual play and solo activities, such as fine motor activities (i.e., drawing, coloring, cutting, puzzles, and other manipulatives).
 - Plan activities that do not require close physical contact between multiple children.
 - Stagger indoor and outdoor play and adjust schedules to reduce the number of children in the same area.
 - Designate a tub for toys that need to be cleaned and wiped after use.
 - Youth Center and JRC:
 - Imaginary play stations and toys are sanitized after use and handwashing procedures followed before and after playtime
 - Use of any play structure on school campuses or at parks will be prohibited at this time.
 - **STAFF are required to wear face masks at all times with the following exceptions:**
 - **While eating a snack or drinking water**
 - **When outdoors and physical distancing is 6' or more**
 - **PARENTS are required to wear face masks at time of sign-in/out**
 - **CHILDREN are required to wear face masks at all times with the following exceptions:**
 - **While eating a snack/ lunch or drinking water/ beverage**
 - **When outdoors and physical distancing is 6' or more**
 - **During distance learning while seated at their individual station**
 - **Social or "physical" distancing will be observed at all times when space allows.**

Kid Central-Distance Learning Support & Recreation: Tips for Fun and Safety!

- Please bring a ready to eat lunch that does not require refrigeration or heating
- A morning and afternoon snack will be provided. **Please inform staff of any food allergies and dietary restrictions. This information is also requested at time of registration**
- If your child requires an epi-pen or any medication, you will need to provide a completed Administration of Medication form (also available on the registration page) with a Doctor's signature along with a current (not expired) epi-pen/medication with your child's name/Rx clearly visible. Staff will store all medication in a locked cabinet.

Kid Central Distance Learning Support & Recreation 2020 Addendum

- Participants should bring their own refillable water bottle with their name on it
- Please apply sunscreen prior to attending and only send spray on sunscreen for participants to reapply (staff cannot apply sunscreen directly)
- **ALL PARTICIPANTS must wear Closed-toe shoes!**
- Kid Central staff recommend bringing your own beach towel to sit on so that we can practice safe “physical distancing” and to protect bare skin from grass and other irritants.
- Facility doors may be locked. Please call the phone number associated with your child’s program location when dropping off or picking up. Program staff will greet you at the door to sign-in/out your child. At this time, only CSD staff, EGUSD personnel and program participants are allowed inside the facility. Phone numbers will be posted at all entrances
- Please leave toys and other personal belongings at home. The CSD is not responsible for loss or damage to personal property. **NO ELECTRONICS ALLOWED FOR OFF-TRACK PROGRAM**

Pricing & Registration Information:

Kid Central Distance Learning Support & Recreation **	\$160 weekly* per participant *weeks with less than 5 days will be prorated
Kid Central Recreation (Off-Track) **	\$180 weekly* per participant *weeks with less than 5 days will be prorated
Kid Central Yearly Membership	\$65 per participant (not discountable) **membership is required to enroll in activity
Multi Week Discount ***	Save up to \$40 when you register for a month* *discount applied to 4 weeks combined registration, does not have to be consecutive weeks, and may be combined with sibling discount.
Sibling Discount ***	10% off each additional* registration * first child enrollment required at full price; discount applied to each additional enrollment thereafter at same time of purchase. May be combined with multi week discount

***** Coupons and discounts can only be applied at time of registration and are subject to change. Please contact registration staff directly to apply discounts. Online registration does not allow for coupons or discounts. Thank you.**

Online registration	yourcsd.com
Phone registration (available M-F 8am-5pm excludes holidays)	(916) 405-5600 (916) 405-5300

A onetime purchase of the yearly Kid Central Membership is required for each participant prior to enrolling in activities. No refunds are given for unused days/ portions of the week/ month. Some locations may reach max enrollment so please register early. Registration payment is required for your child to attend any Kid Central location. Location transfers are subject to enrollment capacities and require approval from the Recreation Supervisor. Transfers will not be allowed mid-week. Please read registration descriptions carefully so that you are choosing the correct location. If the location nearest to you is full, you can register for an alternative location.