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USEFUL LINKS:

- [Online Registration](#)
- [Parent Handbook](#)
- [Online Evaluation](#)
- [CSD Activity Guide](#)

We ♥ Art!

Kid Central is celebrating “**Parks Make Life Better**” with our Art Everywhere project! Participants painted original watercolors which will be displayed at the Wackford Community Complex through February 17. **We hope you’ll join us at the Artist Reception on February 16**



from 6:30—7:30 pm. The exhibit moves to “It’s a Grind” coffee house February 24—March 9 at 9620 Bruceville Blvd.

This month, After School participants will enjoy our “Time Travelers” theme. So, jump into your time machine and get ready for some historic fun! Day Camp participants will have a blast with our “Globe Explorers” and “Jam Session” themes. They will enjoy playing games from different countries and creating rhythms with hand-crafted instruments. *Here’s to a great February!*

Session Dates	
School Type Your Child Attends	Kid Central Session Dates
Year-Round	Feb. 6 to March 2*
Traditional	Feb. 1 to Feb. 29*
Modified Traditional	Feb. 1 to Feb. 29*
<p>Reminder: You must register your child at least ONE day prior to the day that they will attend the program. There will be NO day-of registration allowed. No exceptions.</p>	

*Kid Central Before & After School program will be **CLOSED** February 13 & 20.

*Kid Central Off-Track Camp will be **CLOSED** February 20.

Off-Track Camp will be **OPEN** February 13.



Kid Central Staff Upcoming Furloughs

The CSD and Kid Central are unfortunately not exempt from the budget woes that our state and nation are currently facing. Beginning January 1, 2012, full-time staff will be furloughed a total of 15 work days over the course of the calendar year.

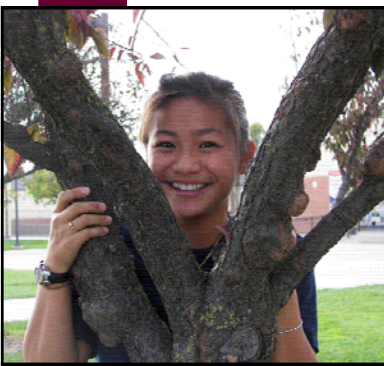
As always, our goal is to maintain a high quality and affordable recreation experience for the children. Some furlough days and facility closures will most likely occur in December 2012, during the holiday periods (exact dates TBA). Children will continue to attend the program without additional closure dates; however, please keep in mind that staff at all levels will have less

preparation and planning time. The furlough days are in addition to an already existing pay freeze and no COLAs. Kid Central staff loves working with children and we are passionate about making a difference in the lives of children and families.

Even in the midst of a budget crisis, we will continue to strive to provide high quality programming to the community. Program calendars will also reflect the furlough days as they are scheduled to occur. We thank you in advance for your understanding and support during this challenging time.

If you would like to show your support and appreciation for Kid Central staff, please contact the "How Are We Doing?" Hotline at 714-PARK or follow the link on our website at www.yourcsd.com to send an email.

Meet the Staff: NANCY



Meet **Nancy Nguyen, Site Director** at our Kid Central Sims After School program. Nancy has been part of the Kid Central team for over a year and is a UC Davis graduate with a degree in Human Development and Education. Nancy enjoys running, snowboarding, and reading, and loves spending time with her family. One of her favorite things to do with the children at Kid

Central is group games because **"the kids love participating and engaging in the activity!"** Nancy truly enjoys working with the kids at Sims because **"they are unique, creative, active and hilarious."** If you see Nancy at Kid Central, let her know how much you appreciate her positive presence and dedication to the kids!

Art Everywhere Project



This winter, Kid Central participants enjoyed a series of painting workshops taught by our curriculum specialist, Chantal Panis. The art lessons were based on curriculum offered by the Kennedy Center's ArtsEDGE program – a resource for educators and recreation leaders. Children explored color, texture, value, shape, and line and were given

the opportunity to develop their artistic skills using artist-quality materials. A culminating lesson taught the children about exploring weather and seasons through painting. Children then discussed what they enjoyed most when they visited their favorite CSD parks and determined the time of year that their favorite

activity occurred. Our inspired young artists then created two final watercolor paintings portraying the joy of parks and recreation through the seasons— capturing why **'PARKS MAKE LIFE BETTER'** for them and their families. We are thrilled to share their original creations with the community!

WATERCOLOR PAINTINGS
CREATED BY
PARTICIPANTS OF THE
KID CENTRAL
AFTER SCHOOL PRO-
GRAM

ON EXHIBIT:

*WACKFORD
COMMUNITY COMPLEX
JAN 31 - FEB 17
9014 BRUCEVILLE ROAD

*IT'S A GRIND
COFFEE HOUSE
FEB 23 - MARCH 7
9620 BRUCEVILLE ROAD

Artwork by Kid
Central Sims
participants



"In art, there are no mistakes, rather an opportunity to create a beautiful oops."

—inspired by the book
Beautiful Oops,
by Barney Saltzberg



Exploring weather and seasons through watercolor





**Parks
Make
Life
Better!**[®]
...
Cosumnes CSD



Creativity Central

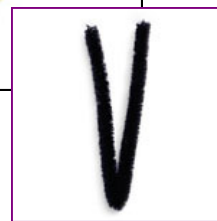
BE MINE VALENTINE

Materials

Black and yellow pipe cleaners ~ Glue ~ Googly eyes
Yellow tissue paper ~ Scissors ~ Colored cardstock
Hole punch ~ Marker ~ Lollipops

INSTRUCTIONS

1. Fold one 6-inch black pipe cleaner into a V shape.
2. Holding the other black piece alongside the yellow pipe cleaner, wrap both stems together around the V. Use the stems' entire length and be sure to leave a small gap at the folded end, where you'll slide in the lollipop stick. Bend back the ends of the V to form antennae.
3. Glue on googly eyes and yellow tissue paper wings.
4. Cut a heart shape from colored cardstock. Punch two holes about an inch apart in the heart, then write "Mine" on it, plus any other message on the back. Then slide the bee onto the lollipop and slip the lollipop stick through the holes.



Activity & Photos © Family Fun

CSD Parks and Recreation presents:

Spring Eggstravaganza

Saturday, April 23
Pavilion in Elk Grove Park

- * Carnival Games 8:30 am – 2:00 pm
- * Egg Scramble 8:30 am – 2:00 pm
- * Other Activities 11:30 am

Celebrate spring! All activities have a minimal fee. Food vendors available.

Breakfast with the Bunny

Have breakfast with the Easter Bunny and enjoy delicious pancakes cooked by the Pride of Laguna Creek Lion's Club. Register early—seating is limited. *All members of the party must pay.*

\$1/children under 2 • All others: \$5 in advance/\$7 at the door:
8:00 – 8:45 am (#37676) 9:00 – 9:45 am (#37677) 10:00 – 10:45 am (#37678)

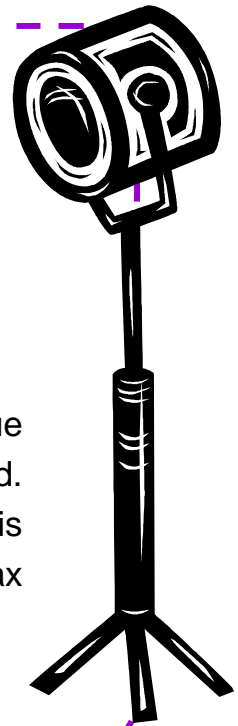
Remember to bring your basket.

405-5600 • www.yourcsd.com

SPOTLIGHT ON:

Tax Receipts

Receipts for Kid Central are issued at the time of registration. Due to the large number of participants, receipts cannot be re-printed. For tax purposes, the Cosumnes CSD Tax ID is 68-0423149. It is the parent's responsibility to retain payment records for tax purposes. Yearly payment records are not provided.



Black & White, Starry Night


Age 3+

Father & Daughter
Dinner Dance

Dancing, DJ, and a catered dinner.
Professional photographs available for an additional fee. Pre-registration required.

Laguna Town Hall • Fridays, 6:00-9:00 pm
\$30/person

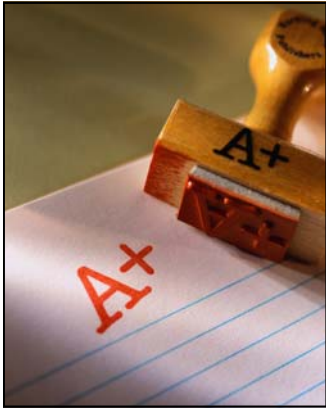
February 10, 17 & 24



www.yourecsd.com • (916)405-5600



#1 Resolution: Make the Honor Roll



Before the New Year, we asked our Kid Central participants for their 2012 resolution. We received various responses such as being a better athlete to watching less television. However, the most common resolution was to improve academic grades in school and make the Honor Roll.

Our children work very hard in school and do their best to keep up with the sometimes fast-paced curriculum. As a former elementary school teacher, I found a correlation between the academic grades of children who

completed their homework (HW) and those who did not. HW is not meant to be busy work, but an opportunity to practice and master skills learned during the school day.

Here at Kid Central we do our best to provide the optimal environment for successful HW time and support for all participants. Below are a few tips to also ensure quality HW time at home so our kiddos can accomplish their Honor Roll resolution for 2012.

-Chantal Panis, Credentialed teacher
Youth Development Instructor

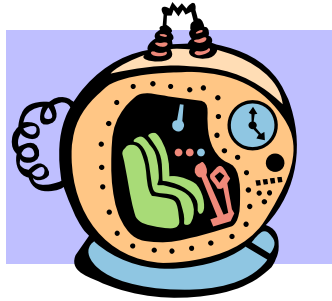
General Homework Time Tips

- **Make sure your child has a quiet, well-lit place to do homework.** Avoid having your child do homework with the television on or in places with other distractions, such as people coming and going.
- **Be positive about homework.** Tell your child how important school is. The attitude you express about homework will be the attitude your child acquires.
- **Help your child with time management.** Establish a set time each day for doing homework. Don't let your child leave homework until just before bedtime. Think about using a weekend morning or afternoon for working on big projects, especially if the project involves getting together with classmates.
- **Help your child figure out what is hard homework and what is easy homework.** Have your child do the hard work first. This will mean he/she will be most alert when facing the biggest challenges. Easy material will seem to go fast when fatigue begins to set in.
- **When your child asks for help, provide guidance, not answers.** Giving answers means your child will not learn the material. Too much help teaches your child that when the going gets rough, someone will do the work for him or her.

“Let your child take a short break if he or she is having trouble keeping their mind on an assignment.”

After School Program Theme

TIME TRAVELERS



Year-Round: February 6 to March 2*

Traditional & Modified: February 1 to February 29*

*Kid Central sites will be **CLOSED** February 13 & 20

DAY CAMP

2/6 to 2/10: Australian Outback

2/13 to 2/17: Globe Explorers

2/21* to 2/24: Art Smarts

2/27 to 3/2: Jam Session!

*Kid Central Day Camp will
be **CLOSED** February 20



Kid Central Registration and Payment Locations*

CSD Administration Building

Phone: 405-5300 Fax: 685-6942
8820 Elk Grove Blvd., Suite 3
Elk Grove, CA 95624 **Open M-F, 8-5**

Wackford Community and Aquatic Complex

Phone: 405-5600 Fax: 405-5659
9014 Bruceville Road
Elk Grove, CA 95758 **Open Everyday, 8-8**

Laguna Town Hall

Phone: 684-7550 Fax: 648-7551
3020 Renwick Avenue
Elk Grove, CA 95758 **Open M-F, 8-2**

Monthly Registration?

You may also pay on-line
by clicking the "eReg" icon:



Payments are **NOT** accepted
at KC Program sites.

Important Phone Numbers

If at any time you need to
contact Kid Central to relay
important information about
your child, please contact
your child's site staff directly:

KC Off-Track Day Camp

Youth Center
869-3095
685-1084 FAX

KC Before/After School

Butler	869-3091
Ehrhardt	869-3096
Elk Grove	869-3089
Feickert	869-3090
Markofer	869-3088
Sims	869-3094
Stone Lake	683-5960

Contact us at:

Kid Central
8820 Elk Grove Blvd.
Elk Grove, CA 95624

Ph: (916) 405-5300
Fax: (916) 685-6942



*Closed on holidays. Please call ahead to confirm.